

Yusuf Khoja



KEYNOTE SPEAKER
WORKSHOP FACILITATOR
PERFORMANCE COACH

About the Presenter.

Yusuf Khoja has dedicated 30 years to producing and presenting at international leadership and wellness events featuring renowned speakers such as former President Bill Clinton, Oprah Winfrey, Ellen DeGeneres, Dr. Deepak Chopra and Tony Robbins. During his career, Yusuf has delivered seminars and workshops to audiences ranging from senior executives, managers, front line staff, entrepreneurs, human resource professionals and wellness champions. His experience has taught him to create value added presentations that engage, inspire, and empower his audiences to new levels of professional growth and personal well-being!

What Attendees are Saying!

"One of the most informative and motivating presentations on personal resiliency I have ever experienced!"

"Fabulous speaker - inspiring, engaging, transformative and excellent content!"

"Very informative, resourceful and on target presentation. I enjoyed it tremendously!"

"Thank you for your energy, storytelling, and amazing presentation! So many takeaways."

5 Star Keynote Presentation:

Personal Resiliency & Positive Mental Health

What You Will Learn:

- How to optimize your resiliency and transform adversity into stepping stones for success
- Emotional State Management - keys to managing stress and fostering positive mental well-being
- Tools for cultivating a 'Growth Mindset'
- Adapt to change based on principles of self-care and continuous improvement
- Plus - interactive and engaging Q&A sessions!